

GNRC SPORTS MEDICINE AND ARTHROSCOPIC KNEE AND SHOULDER SURGERY

Arthroscopy is a minimally invasive surgical procedure used to treat different conditions of joints of the body most commonly for shoulder and knee. It can be considered safe in all age groups of people ranging from elderly or young or an active sports persons of different background.

As the procedure is done through a stab incision, it is less traumatic to the operative site leading to a very minimal scarring and faster recovery. Majority of the procedures can be carried out as day care or with just one night stay in the hospital.

The arthroscope is inserted inside the joint and the visualization is done in a HD monitor which gives an excellent view of any condition inside the joint, so that procedures can be performed with precision as opposed to an open surgery.

Various conditions of knee and shoulder joint where you should seek attention from a Sports Specialist are-

Knee- sprains/ strains, meniscal tear, ACL/PCL and various ligament injuries, anterior knee joint pain, patellofemoral disorders etc.

Shoulder- recurrent shoulder dislocation, periarthrititis or adhesive capsulitis, biceps disorders, rotator cuff disorders, impingement or any other shoulder conditions.

For your convenience, GNRC provides a Sports Specialist Knee and Shoulder Clinic from 5pm to 7pm from Monday to Thursday.

To contact for appointment ---- 18003450022