



GNRC
Quality • Value • Trust

PREVENTION IS BETTER THAN CURE!

Get Your Health Check-Up Done with Us
& Prevent Any Disease at Symptom Level.



For Appointments

☎ 1800 345 0022



Free Ambulance

☎ 1800 345 0011



24 Hours Free Service

Free Service to Accident &
Emergency Patients for the
First 24 Hours*

EXECUTIVE HEALTH CHECKUP

Information on Packages



Find the Brochure Online

www.gnrchospitals.com/healthcare-packages



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EXECUTIVE HEALTH CHECK-UP

We all are well attuned to the proverbial- Health is wealth. There is no denying it. But due to inapt priorities we often tend to forget that our body also needs regular health screenings to prevent sudden onset of major health risk factors. Regular health check-ups are a must for people of any age irrespective of their work profile.

It is just as necessary for the avid traveler as much as it is important for the retired professional; so also for the young home - maker, just as much as it is necessary for their spouse or partner with a busy work schedule with frequent over - time. A timely health - check doesn't only help us keep a tab on our body parameters but also forewarns us in case of an existing health condition and saves us from exhausting our valuable resources.

We at GNRC hospitals have customized a few comprehensive health check-up programs (Executive Health Checkup- Classic, Executive Health Checkup- Premium, Executive Health Checkup- Heart Checkup and Executive Health Checkup- Ortho Care) keeping this very healthcare need in mind. These packages are helpful for people belonging to all demographics.

The executive health check-up not only assesses your present health status but also screens you for any risk factors and thus helps you to take important preventive steps against any major illness. Let's act together to help you to lead a healthy life.

EXECUTIVE HEALTH CHECKUP- *Classic* ₹2,495/-

1. ECG
2. CHEST X RAY
3. URINE-RE
4. ESR
5. LIPID PROFILE
6. TC/DLC
7. LIVER FUNCTION TEST (II)
8. HAEMOGLOBIN
9. BLOOD UREA
10. SERUM CREATININE
11. BLOOD SUGAR (R)
12. CONSULTATION WITH PHYSICIAN



EXECUTIVE HEALTH CHECKUP- *Premium* ₹5,078/-

HAEMOGRAM

1. HAEMOGLOBIN
2. ESR
3. PCV
4. MCHC
5. MCV
6. MCH
7. TOTAL WBC (TLC)
8. TOTAL RBC COUNT (TRBC)
9. DIFFERENTIAL COUNT (DLC)

10. PERIPHERAL SMEAR
11. PLATELET COUNT

BIOCHEMICAL PARAMETERS

1. BLOOD SUGAR (FASTING & POST PRANDIAL)
2. URIC ACID
3. LIPID PROFILE (TOTAL CHOLESTEROL, HDL, LDL, TRIGLYCERIDES SCREENING, RATIO OF COLESTEROL/HDL)



Contd.

GENERAL TESTS

1. BLOOD GROUPING & RH TYPING
2. X-RAY CHEST
3. ECG (RESTING)
4. ULTRASOUND SCREENING OF THE WHOLE ABDOMEN-CLINICAL EXAMINATION, MEDICAL SUMMARY, & ADVICE BY A SENIOR CONSULTANT

LIVER FUNCTION TEST

1. ALP
2. TOTAL PROTEIN
3. ALBUMIN
4. BILIRUBIN & FRACTION
5. GGT & A/G RATIO

KIDNEY ASSESMENT

1. S. UREA
2. S. CREATININE
3. COMPLETE URINE ANALYSIS

Complimentary Breakfast is provided

EXECUTIVE HEALTH CHECKUP- *Heart Checkup* ₹9,792/-

HAEMOGRAM

1. HAEMOGLOBIN
2. ESR
3. PCV
4. MCHC
5. MCV
6. MCH
7. TOTAL WBC (TLC)
8. TOTAL RBC COUNT (TRBC)
9. DIFFERENTIAL COUNT (DLC)
10. PERIPHERAL SMEAR
11. PLATELET COUNT

BIOCHEMICAL PARAMETERS

1. BLOOD SUGER (FASTING & POST PRANDIAL)
2. URIC ACID
3. LIPID PROFILE (TOTAL CHOLESTEROL, HDL, LDL, TRIGLYCERIDES SCREENING, RATIO OF COLESTEROL/HDL)

LIVER FUNCTION TEST

1. TOTAL PROTEIN
2. ALBUMIN
3. GLOBULIN
4. A/G RATIO
5. SGPT & SGOT
6. ALKALINE PHOSPHATASE
7. GGT
8. S. BILIRUBIN (TOTAL & DIRECT)

KIDNEY ASSESMENT

1. S. UREA
2. S. CREATININE
3. COMPLETE URINE ANALYSIS

CARDIAC ASSESMENT

1. ECG
2. ECHOCARDIOGRAPHY
3. TREAD MILL TEST (TMT)

GENERAL TESTS

1. BLOOD GROUPING & RH TYPING
2. X-RAY CHEST
3. ULTRASOUND SCREENING OF THE WHOLE ABDOMEN-CLINICAL EXAMINATION, MEDICAL SUMMARY, & ADVICE BY A SENIOR CONSULTANT

Complimentary Breakfast is provided



EXECUTIVE HEALTH CHECKUP-*Ortho Care*

₹12,796-/-

HAEMOGRAM

1. BLOOD R/E

BIOCHEMICAL PARAMETERS

1. RBS
2. VIRAL PROFILE
3. TSH
4. VITAMIN D
5. URIC ACID
6. CRP
7. ANA
8. ANTI-CCP

LIVER FUNCTION TEST

1. LFT- PANEL I

KIDNEY ASSESMENT

1. RFT-PANEL I

GENERAL TESTS

1. PT-INR
2. HBA1C (IN CASE OF DIABETIC)
3. X-RAY: ANY ONE OF (KNEE/HIP/SHOULDER)-BOTH AP & LATERAL VIEWS
4. BONE MINERAL DENSITY (BMD)- AVAILABLE IN NORTH GUWAHATI UNIT



Complimentary Breakfast is provided

GUIDELINES FOR YOUR HEALTH CHECK-UP

- Please inform us at least 24 hours prior to your convenient date and time of your visit over phone (dial 18003450022).
- On the day of the appointment, kindly report to the Central Reception for the executive check-up between 0830hrs to 1030hrs.
- In case you are on any medication, please bring your prescription/ medication along with you (please inform the hospital staff coordinating your appointment if you are pregnant, have prior cardiac conditions or/and a diabetic).
- For certain investigations/tests you will be required to change into hospital attire.
- All Executives coming from empanelled organizations are required to bring along a letter of reference from their office, duly authorized for the check-up.
- Please bring along your previous medical records, if any.